

# Kendra J. Parson, LMSW

## Address

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## Areas of Specialty

- Behavioral/Clinical Interventions
- Adolescent, Individual, Family Counseling
- Post Traumatic Stress Disorder
- Holistic Health/Self-Awareness
- Treatment/Discharge Planning
- Belief Therapy

## Additional Training

Community Organization/Holistic Seminars	Management Basics/Supervision	Behavior - Modifications	Individual & Group counseling
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## Education

1/2016 to 4/2016	<b>Herbal Extract Specialist</b> Michigan Institute of Natural Health; Detroit, Michigan
2003 to 2005	<b>Master of Arts in Social Work</b> Illinois State University; Normal, IL
2000 to 2001	<b>Studies of Western Psychology</b> <b>Studies of African Dance</b> University of Legon, Ghana; West Africa
1999 to 2002	<b>Bachelor of Arts in Psychology</b> <b>Cum Laude</b> Winston Salem State University; Winston-Salem, NC

## Work Experience

<b>Light the Village, LLC</b> Consultant of Cultural and Holistic Family Health	New Orleans, LA August 2015 – Present
✓ Develop wellness workshops for adolescents, women and families to identify needs of individual/families and develop a step-by-step life plan to effectively execute the goals they have created via multiple workshops of holistic health and identifying stressors that will and have been preventing wholeness of mind, body and spirit.	

- ✓ Implement programming and develop cultural seminars in regards to the Gullah Culture of the South Carolina and Georgia mainlands and Sea Islands.
- ✓ Inspirational speaker advocating for better holistic mental health access in low income and minority communities.
- ✓ Partner with non-profit and for profit agencies and programs to assist youth in identifying hope through arts while addressing needs of mind, body and spirit.

### **Resources for Human Development**

New Orleans, LA

Family House – Children’s Team Leader

December 2014 – July 2015

- ✓ Supervised and provided clinical training to Child Development Specialist, Family Therapist, Prevention Staff, Activities of Daily Living Counselors, Adult Clinical Team and Social Work Interns.
- ✓ Ran adult clinical meeting and day staff meeting in the absence of the Assistant Director and/or Director
- ✓ Coordinated pre-admits, intakes and admits weekly
- ✓ Conducted group (Substance Abuse/Parenting), individual, child groups and play therapy sessions
- ✓ Collaborated with community resources to provide both clients and their children with imperative resources

### **Integrated Family Services**

New Orleans, LA

Team Leader - MST Therapist

August 2011-December 2014

- ✓ Implemented ongoing assessments and reviews of treatment progress are assessed weekly.
- ✓ Developed and implemented individualized treatment plans for each family.
- ✓ Develops discharge summaries to assist with families continued decrease in referral behaviors.
- ✓ Created and implemented clinical interventions and collaboration with families, youth, community agency staff and school officials.

### **Georgia Regional Hospital of Savannah**

Savannah, GA

Behavior Specialist (PBS Team)

August 2010-May 2011

- ✓ Acted as a client advocate in order coordinate required services to resolve crisis situations.
- ✓ Counseled clients in individual and group sessions to help them overcome dependencies and overcome illness, and adjust to life.
- ✓ Developed and implement behavior modification plans based on clinical experience and knowledge.
- ✓ Created behavior evaluations and behavior support plans for individuals on the Forensic Units.

### **Savannah College of Art and Design**

Savannah, GA

Residence Director

September 2008-June 2010

- ✓ Led a student staff in developing community within four residence halls and educating students and staff.

- ✓ Managed all aspects of the assigned area, including staffing, programming and maintenance.
- ✓ Supervised staff, coordinated duty schedules, assisted in payroll and assisted in hiring and terminating of staff.

**Alliance for Change Through Treatment,** Tucker, GA  
Contracted Therapist

Court MHP/Family Support Specialist/Trainer March-2008-September2008

- ✓ Provided education and short-term counseling to enhance family's overall understanding of Mental Illness and Substance Abuse disorders.
- ✓ Assisted in acquisition of skills for the consumers to recognize triggers and manage their behaviors i.e. anger, psychosis, time management etc.
- ✓ Provided training to staff in skill methods, i.e. Love and Logic.

**Charleston Mental Health Center** Charleston, SC  
Mental Health Counselor III November 2007 – March 2008

- ✓ Provided highly complex array of direct services and case management activities to individuals with chronic and persistent Mental Illness that require multiple contacts a day.
- ✓ Participated in or led in the absence of a team leader, treatment team meetings, formulated and developed treatment plans for clients on my case load.
- ✓ Functioned as team member, established program goals, participated in weekly staffing, treatment team planning and provided urgent care for any client in the clinic.

**Catholic Charities** Bloomington, IL  
Foster Care Counselor January 2006-November 2007

- ✓ Provided long term counseling to children and families in foster care.
- ✓ Created and Implemented treatment and discharge plans.
- ✓ Testified in court regarding clients' updates and latest diagnoses.
- ✓ Created court reports in regards to client's progress or decline in behavior or stated goals for the court.

**Catholic Charities** Bloomington, IL

Screening Assessment and Support Services July 2005-November 2007

- ✓ Provided 24-hour crisis intervention, assessment and appropriate referrals for psychiatric hospitalization.
- ✓ Provided short-term therapy and case management services.
- ✓ Provided therapeutic intervention services to children, adolescents and adults using individual and group treatment

#### Professional Affiliations/Community Services

National Association of Social Workers  
National Association of Female Executives

CPR and First Aid Certified  
CPI Trained